## **Annexure I: Course Curriculum**

TABLE 1: MODULE-WISE COURSE CONTENT AND OUTCOME					
SL.NO	Module Name	Module Content	Module Learning Outcome	Duration (Hrs)	
1	Introduction	- Importance of	Understand the	9	
	to Sustainable	sustainability in	need for		
	Food	the food industry	sustainability and		
	Development	- Current trends	its application in		
		and challenges in	food products		
		sustainable food			
		production			
		- Principles of			
		sustainable			
		product			
		development			
2	Sustainable	- Alternative	Identify and utilize	9	
	Ingredient	protein sources	sustainable		
	Sourcing	(plant-based, lab-	ingredients for food		
		grown)	production		
		- Locally sourced			
		and organic			
		ingredients			
		- Reducing food			
		waste through			
		ingredient			
		selection			
3	Innovative	- Techniques for	Develop innovative	9	
	Food Product	creating innovative	and sustainable		
	Design	food products	food products		
		- Balancing			
		nutrition, taste and			
		sustainability			
		- Case studies on			
		successful			
		sustainable food			
		products			
4	Sustainable	- Energy-efficient	Apply sustainable	6	
	Production	manufacturing	practices in food		
	Practices	techniques	production		
		- Water			
		conservation in			

5 Packaging and Lifecycle Assessment		food production - Waste management and by-product utilization - Eco-friendly packaging materials - Reducing carbon	Design sustainable packaging and assess environmental	6
		footprint in packaging - Lifecycle assessment of food products	impact	
6	Market Trends and Regulatory Standards	<ul> <li>Market demand</li> <li>for sustainable</li> <li>products</li> <li>Labeling and</li> <li>certifications</li> <li>(organic, fair</li> <li>trade, etc.)</li> <li>Understanding</li> <li>regulatory</li> <li>compliance in</li> <li>sustainable food</li> <li>production</li> </ul>	Align product development with market needs and regulatory standards	6

Annexure II: Use Cases and Test Projects					
TABLE 2: O	TABLE 2: OVERALL COURSE LEARNING OUTCOME ASSESSMENT				
CRITERIA AND USECASES					
LEARNING	ASSESSMENT	PERFORMANCE	USECASES		
OUTCOME	CRITERIA	CRITERIA			
Sustainability	- Explain the	Demonstrates	Sustainability		
Principles in	importance of	clear	Analysis Report:		
Food	sustainability in	understanding of	Evaluate the		
	food production	sustainability	sustainability		
	- Identify	principles and identifies	practices of a food		
	challenges and		product from the		
	opportunities	actionable areas	market.		
Ingradiant	Salact	for improvement Creates a	Ingradiant		
Ingredient Sourcing	- Select sustainable raw		Ingredient		
Sourcing	materials and	comprehensive ingredient	Sourcing Plan:		
	alternative		Create a sourcing		
		sourcing plan	plan for a plant-		
	ingredients - Develop a plan	focusing on cost- effectiveness,	based protein snack using locally available		
	to minimize food	sustainability, and	ingredients.		
	waste	waste reduction	ingreulents.		
Innovative	- Create	Develops a	New Product		
Food Product	innovative food	functional	Prototype: Develop		
Design	products	prototype that	a prototype of a		
200.g.	balancing	meets	sustainable food		
	sustainability,	sustainability,	product, such as a		
	taste, and	taste, and	zero-waste energy		
	nutrition	nutritional criteria	bar.		
Sustainable	- Apply energy-	Designs an eco-	Eco-Friendly		
Production	efficient and	friendly	, Manufacturing		
Practices	waste-reducing	production	Plan: Design a		
	methods in	process with	manufacturing		
	production	measurable	process for a product		
		reductions in	with reduced energy		
		energy and	and water usage.		
		resource usage			
Packaging and	- Select eco-	Creates	Green Packaging		
Lifecycle	friendly	innovative	Design: Create a		
Assessment	packaging and	packaging	sustainable		
	perform lifecycle	solutions that are	packaging solution		
	analysis	cost-effective,	for a new product,		

sustainable, and	considering materials
compliant with	and environmental
lifecycle analysis	impact.

	TABLE 3: LIST OF FINAL PROJECTS				
SL.NO	SL.NO FINAL PROJECT DESCRIPTION				
	NAME				
1	Plant-Based	Develop a plant-based protein snack using locally			
	Protein Snack	sourced, organic ingredients, balancing taste, nutrition			
		and sustainability.			
2	Zero-Waste	Create a zero-waste energy bar by utilizing food by-			
	Energy Bar	products like fruit peels or grain husks, reducing			
		ingredient wastage.			
3	Sustainable	Design a nutritionally enhanced beverage using			
	Beverage	alternative sweeteners and eco-friendly packaging to			
	Development	minimize environmental impact.			
4	Gluten-Free	Produce a gluten-free bread using sustainable grains			
	Sustainable Bread	such as quinoa or millet, while ensuring good texture			
		and shelf stability.			
5	Eco-Friendly Food	Design sustainable packaging for a food product using			
	Packaging Solution	biodegradable or compostable materials, considering			
		environmental impact and usability.			
6	Lifecycle Analysis	Conduct a lifecycle assessment for a selected food			
	of a Food Product	product to evaluate its environmental footprint and			
		suggest improvements in sourcing and production.			
7	Sustainable Meal	Create a sustainable meal kit concept, including recipe			
	Kit	cards, pre-measured ingredients and recyclable or			
		reusable packaging.			
8	Functional Food	Develop a functional food product enriched with			
	Product	probiotics or omega-3s, using sustainable production			
		and packaging methods.			
9	Ready-to-Cook	Design a ready-to-cook meal featuring sustainable			
	Plant-Based Meal	plant-based proteins and minimal packaging waste.			
10	Organic Dessert	Create an organic dessert with innovative ingredients			
	Innovation	like natural sweeteners and sustainable dairy			
		alternatives, ensuring a low carbon footprint.			

## **Annexure III: Assessment Rubrics**

TABLE 4: COURSE ASSESSMENT RUBRICS (TOTAL MARKS: 70)				
ASSESSMENT	FAIR	GOOD	EXCELLENT	MARKS
CRITERIA				
Sustainability	Basic	Competent	Advanced	15
Principles in	understanding	application of	analysis of	
Food	of	sustainability in	sustainability	
	sustainability	product	across all stages	
	concepts	evaluation	of product	
			lifecycle	
Ingredient	Limited	Competent	Advanced	10
Sourcing	understanding	sourcing plan	sourcing strategy	
	of sustainable	with eco-friendly	with zero-waste	
	raw materials	alternatives	approaches	
Innovative	Basic food	Competent	Advanced	15
Food Product	product	product design	product	
Design	prototype with	balancing taste,	innovation with	
	limited	nutrition and	unique	
	innovation	sustainability	ingredients and	
			processes	
Sustainable	Basic	Competent	Advanced	15
Production	understanding	application of	production	
Practices	of eco-friendly	energy-efficient	process with	
	production	and waste-	measurable	
	methods	reducing	sustainability	
		techniques	outcomes	
Packaging and	Basic	Competent	Advanced	15
Lifecycle	selection of	packaging	lifecycle analysis	
Assessment	eco-friendly	design	and	
	packaging	considering	comprehensive	
	materials	environmental	green packaging	
		impact	solution	